



AMA DELEGATION ELECTION

Personal Statement

Mark Johnson, MD, MPH, Personal Statement for Election to the Colorado Medical Society Delegation to the American Medical Association

"In 2018, a national science literacy survey revealed that 28 percent of Americans could not correctly answer a basic astronomy question: whether Earth goes around the Sun or the Sun goes around the Earth. Only 72 percent chose the correct answer, despite it being a foundational scientific fact taught for centuries."¹

This finding is not trivial to medicine. We describe modern medicine as science-based, or evidence-based medicine. We use the scientific method to organize and apply current data to improve health care decisions. The results of this method are not always intuitive, but its application has been the foundation of a doubling of the average expected length of life in those societies that utilize it.

But science, and medicine, are under attack today. Science is frequently misused or discounted, creating a skewed understanding of reality in debates and policy decisions. The public, as shown in the study above, often has no scientific education or discernment, leading to significant vulnerabilities to misinformation and disinformation. Scientific findings are polarized by various activists and ideologues who push for conclusions not fully supported by data. This can lead to disastrous decisions that impact not only the life and health of individuals, but of the public.

In my personal statement three years ago, I highlighted issues such as the hold insurance providers have on the practice of medicine, the stagnant or decreasing reimbursements from Medicare and Medicaid, scope of practice issues, and the speed with which infectious diseases circle the globe. The American Medical Association, including its delegation from the Colorado Medical Society, have made significant inroads in dealing with some of these issues, but we have much more to do. Complicating the medical scene since that time are the anti-science policies that are being propagated in most of the federal agencies that deal with healthcare and the activities that promote health and prevent disease.

Any progress to be made in this arena calls for a strong, informed, national medical presence with bold leadership. If re-elected to serve CMS on the AMA delegation, I pledge to do all in my power to push back against these anti-science forces and to represent the needs and wishes of our members at the national level. I once again ask for your support in this undertaking. Thank you very much!

¹ National Science Foundation (2018), Public Familiarity with Science and Technology Facts



AMA DELEGATION Candidate Profile

Mark B. Johnson, MD, MPH, Personal Statement for Election to the Colorado Medical Society Delegation to the American Medical Association

- 1. Name:** Mark B. Johnson, MD, MPH
- 2. City:** Louisville, CO
- 3. Employment:** Chief Medical Officer, Jefferson County Public Health
- 4. Specialty:** Preventive Medicine and Public Health
- 5. Organized Medicine experience:**
 - a. Colorado Medical Society experience
 - Member since 1990
 - President, 2021-2022
 - Board Member and member of numerous, and chair of several committees and councils between 1990 and 2021.
 - b. Component Society experience
 - Member since 1990
 - President twice of Foothills Medical Society (previously known as the Clear Creek Valley Medical Society)
 - c. Specialty Society experience
 - Member since 1987
 - President of the American College of Preventive Medicine, 2009-2011
 - d. American Medical Association experience
 - Member since 1985
 - Alternate AMA delegate for the Maryland Medical and Chirurgical Society, 1986; Colorado Medical Society, 2022
- 6. Curriculum Vitae:** (Attached)
- 7. Personal statement:** (Attached)

MARK BERNARR JOHNSON, M.D., M.P.H.

Fellow, American College of Preventive Medicine

ADDRESS

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PROFESSIONAL SUMMARY

PUBLIC AND ENVIRONMENTAL HEALTH ADMINISTRATION

- **Executive Director**, 1990 – 2021
Jefferson County Public Health
Golden, Colorado
- **Public Health Director**, 2009 – 2021
Gilpin County Public Health Agency
Central City, Colorado
- **Director, Preventive Medicine Services**, 1988 – 1990
(Environmental Health; Public Health Laboratory;
Emergency Medical Services; Injury Control; Sexually-
transmitted Diseases/AIDS; Tuberculosis Surveillance and
Treatment Program; Immunizations; Health Promotion
Program)
Wyoming Department of Health and Social Services
Cheyenne, Wyoming
- **Medical Director**, 1982 – 1984
Baca County Public Health Nursing Service
Springfield, Colorado

EPIDEMIOLOGY

- **State Epidemiologist**, 1988 – 1990
Wyoming Department of Health and Social Services
Cheyenne, Wyoming

CLINICAL MEDICINE

- **Medical Director**, 1990 – 2021
Jefferson Co. Dept. of Health and Environment
Lakewood, Colorado
- **Medical Consultant**, 1989
Casper City-Natrona County Department of Health
(Sexually Transmitted Infections Clinic)
Casper, Wyoming
- **Medical Director**, 1986 – 1988
Preventive Medicine Clinic, Center for Health Promotion
Loma Linda University
Loma Linda, California
- **Medical Consultant**, 1986 – 1988
Inland Empire Community Health Center
Bloomington, California

- **Medical Consultant**, 1987 – 1988
California State Department of Rehabilitation
Hemet, California
- **General Medical Practice**, 1981 – 1984
Southeast Colorado Community Health Association
Springfield, CO

ACADEMIC

- **Associate Professor**, 2009 – 2021
Colorado School of Public Health
Denver, Colorado
- **Assistant Clinical Professor**, 2016 – 2021
University of Colorado School of Medicine
Department of Family Medicine
Aurora, Colorado
- **Associate Clinical Professor**, 1999 – 2016
University of Colorado School of Medicine
Department of Preventive Medicine and Biometrics
Denver, Colorado
- **Assistant Clinical Professor**, 1990 – 1999
University of Colorado School of Medicine
Department of Preventive Medicine and Biometrics
Denver, Colorado
- **Residency Director**, 1988
Preventive Medicine Residency
Loma Linda University School of Medicine
Loma Linda, California
- **Associate Residency Director**, 1987 – 1988
Preventive Medicine Residency
Loma Linda University School of Medicine
Loma Linda, California
- **Assistant Professor**, 1986 – 1990
Loma Linda University School of Medicine
Loma Linda, California

ACADEMIC QUALIFICATIONS

Master of Public Health, 1985

Health Policy and Management
Johns Hopkins University School of Hygiene and Public Health
Baltimore, Maryland

Doctor of Medicine, 1980

Loma Linda University School of Medicine
Loma Linda, California

Bachelor of Arts, 1976

History and Social Sciences
Pacific Union College
Angwin, California

POSTGRADUATE TRAINING

Preventive Medicine Residency, 1984 – 1986

Johns Hopkins University School of Hygiene and Public Health
Baltimore, Maryland

Clinical Fellowship, July – September, 1985

Department of Psychiatry
Johns Hopkins Hospital
Baltimore, Maryland

Clinical Fellowship, July – September, 1985

Department of Internal Medicine
Sinai Hospital
Baltimore, Maryland

Clinical Fellowship, October – December, 1985

Division of Internal Medicine
Johns Hopkins Hospital
Baltimore, Maryland

Transitional Internship, 1980 – 1981

White Memorial Medical Center
Los Angeles, California

UNIFORMED SERVICES

Lieutenant Colonel, U.S. Army Medical Corps, 2006

United States Army Reserves
Honorable Discharge, November 2, 2006

Major, U. S. Army Medical Corps, 1999 – 2006

United States Army Reserves

Senior Assistant Surgeon, 1981 – 1984

United States Public Health Service
National Health Service Corps, Springfield, Colorado
Honorable Discharge, June 30, 1984

CERTIFICATION, FELLOWSHIPS AND LICENSURE

Member

American College of Healthcare Executives, 2018 – 2021

Fellow

Regional Institute for Health and Environmental Leadership, 2008 – 2009

Fellow

Bighorn Center Leadership-Health Care Policy Development Program, 2005

Public Health Scholar, 1997 – 1998

Public Health Leadership Institute

Fellow

Public Health Service Primary Care Fellowship, 1995

Fellow

American College of Preventive Medicine, 1989 – Present

Board Certified, 1988

American Board of Preventive Medicine
General Preventive Medicine and Public Health

Medical Licenses

- Colorado State, active
- Wyoming State, inactive
- California State, inactive

AFFILIATIONS

Medical

American College of Preventive Medicine
American Medical Association
Colorado Medical Society
Foothills Medical Society

Public Health

American Public Health Association
Colorado Public Health Association
American Association of Public Health Physicians

HONORS AND DISTINCTIONS

Distinguished Service Award, 2021

American College of Preventive Medicine

Lifetime Achievement Award, 2020

Colorado Public Health Association

Delta Omega Public Health Honor Society, 2005

Member, Alpha Omicron Chapter

Outstanding Professional Accomplishment Award, 1998

American Association of Public Health Physicians

Roy L. Cleere Distinguished Service Award, 1995

Colorado Public Health Association

Dartmouth Institute for Health Policy and Clinical Practice and the Dartmouth-Hitchcock Medical Center

Dartmouth-Hitchcock Leadership Preventive Medicine
Residency Advisory Council, 2012 – Present

PUBLIC AND PROFESSIONAL SERVICE

PROFESSIONAL

- **Jefferson County Child and Youth Leadership Commission**
Chair, 2014 - 2021
- **Colorado Department of Public Health and Environment
Medical Marijuana Advisory Committee**
Member, 2010 - 2011
- **Colorado Emergency Preparedness & Response Advisory
Board**
Member, 2006 – 2021
- **Colorado Tobacco Grant Program Review Committee**
Member, 2006 – 2009
- ***American Journal of Preventive Medicine***
Governing Board Chair, 2005 – 2009
Governing Board member, 2004 – 2005
- **Public Health Directors of Colorado**
President, 2002 – 2003; 2009
- **Governor's Expert Emergency Epidemic Response Council**
2000 – 2021; 2022

- **American Board of Preventive Medicine**
 - Secretary, 2000 – 2002
 - Secretary Treasurer, 1998 – 2000
 - Treasurer, 1996 – 1998
 - Board of Trustees, 1993 – 2002
- **American College of Preventive Medicine**
 - Past President, 2011 – 2013
 - President, 2009 – 2011
 - President Elect, 2007 – 2009
 - Board of Regents, 1992 – 1995; 2000 – 2003
 - Chair, Policy Committee, 2001 – 2007
 - Member, Policy Committee, 2018 – Present
 - Chair, Science Committee, 1994 – 2001
- **American Board of Medical Specialties**
 - Delegate, 1995 – 2002
- **American Public Health Association**
 - Member, 1984 – Present
 - Governing Council, 1989 – 1990; 1996 – 2000
- **American Medical Association**
 - Member, 1985 – Present
 - Alternate Delegate, House of Delegates, 1985 – 1986
- **Colorado Medical Society**
 - Member, 1990 – Present
 - President, 2021-2022
 - President-elect, 2020-2021
 - Board of Directors, 2016 – Present
 - Executive Committee, 2016 – Present
 - House of Delegates, 1993 – 2016
 - Council on Legislation, 2000 – Present
 - COL Scope of Practice workgroup – 2010 – Present
 - Chair, CMS Nominating Committee – 2017 – Present
 - Chair, Colorado Medical Political Action Cmte., 2015 - 2017
- **Maryland Medical and Chirurgical Society**
 - President, Residents' Component Society, 1985 – 1986
 - Alternate Delegate, AMA House of Delegates, 1985 – 1986
- **Clear Creek Valley (Foothills) Medical Society**
 - Member, 1990 – Present
 - President, 2009 – 2010; 2013 – 2015
 - Board of Trustees, 2006 – Present
- **Institute for Science in Medicine**
 - President, 2009 – Present
- **Colorado Public Health Association**
 - Member, 1990 – Present
 - President, 1993 – 1994
- **Wyoming Public Health Association**
 - Member, 1988 – 1992
 - President, 1988 – 1990
- **Colorado Genetics Advisory Committee**
 - Chair, 2002 – 2006

- **Regional Air Quality Council**
Jefferson County representative, 1997 – 2002
Local government representative, 2007 – 2009
- **Colorado Hazardous Waste Commission**
Commissioner, 1992 – 1996
- **Colorado Trauma System Task Force**
Member, 1993 – 1994
- **Colorado ASSIST Program**
Chair, 1993
- **Colorado Violence Prevention Advisory Committee**
Chair, 1993 – 1994
- **National Institutes of Health**
National Heart Attack Alert Program
Coordinating Committee Member, 1992 – 2001
Chair, Education Committee, 1998 – 2001

COMMUNITY

- **the One project**
Board of Directors, 2013 – 2018
- **Adventist Health Systems, Orlando, FL**
Executive Committee, 2010 - 2019
Board of Directors, 2001 – 2019
Board Compliance Committee, 2005 – 2017
Quality and Safety Committee, 2017 - 2019
- **Global Health Initiative**
Medical Clinician, Nagarkot, Nepal, Sept.-Oct. 2012
Medical Clinician, Banepa, Nepal, April 2016
Board of Trustees, 2012 – Present
- **Belize Mission Project, Centralia, IL**
Medical Clinician, 2005 – 2008, 2010, 2011, 2013-2016
- **RMC Health, Lakewood, CO**
Board Member, 2015 – 2020
Board Chair, 2016 – 2020
- **Jefferson Center for Mental Health, Arvada, CO**
Board of Directors, 2003 – 2009
- **Centura Health System, Denver, CO**
Board of Trustees, 2000 – 2014
Chair, Quality and Patient Safety Committee, 2001 – 2014
- **South Pacific Health Care, Louisville, CO**
Founder and Director, 2000 – 2012
- **PorterCare Adventist Health System, Denver, CO**
Board of Trustees, 1998 – 2010
- **Leadership Jefferson County, Jefferson County, CO**
Advisory Board, 1997 - Present
- **Jeffco Action Center, Lakewood, CO**
Board of Directors, 1996 – 2003
- **Avista Hospital, Louisville, CO**
Board of Trustees, 1991 – 1998

ACADEMIC

▪ **Courses Taught**

A History of Public Health, 2008 – 2020

Colorado School of Public Health

▪ **Accreditation Council for Graduate Medical Education**

Preventive Medicine Milestones Project Advisory Board, 2011 - 2016

Singapore Preventive Medicine Residency Project, 2009 - 2010

Preventive Medicine Residency Review Committee (RRC), 2001 – 2009

Vice-Chair, Preventive Medicine RRC, 2004

Chair, Preventive Medicine RRC, 2004 – 2008

▪ **Colorado School of Public Health**

Designated Institutional Official (DIO), 2009 – 2010

Graduate Medical Education Council, 2008 – 2016

Preventive Medicine Residency Advisory Committee, 2008 – Present

Center for Public Health Practice Advisory Council, 2009 – Present

▪ **University of Denver**

Advisory Board, Institute for Health Systems Leadership and Research, University College, 1996 – 2000

▪ **University of Colorado Health Science Center**

Preventive Medicine Residency Advisory Committee, 1991 – 2008, 2016 - Present

Chair, Preventive Medicine Residency Advisory Committee, 1997 – 2000

▪ **Assistant Chief Resident**

Johns Hopkins University, Preventive Medicine, 1985 – 1986

▪ **President**

Resident Component Society, Medical and Chirurgical Faculty of the State of Maryland, 1985

REPRESENTATIVE PROFESSIONAL PUBLICATIONS

Johnson, Mark. “Clinical Preventive Medicine.” In Oxford Bibliographies in Public Health. Ed. David McQueen. New York: Oxford University Press, 2013.

Johnson MB, “Time and money ill-spent on medical marijuana,” *The Denver Post* website, 11 April 2012, Guest Commentary.

Lianov, L and Johnson, M. Physician Competencies for Prescribing Lifestyle Medicine, *JAMA*, July 13, 2010;304(2):202, 203

Johnson, MB “Health-care solution must include compromise among prevention, quality of life and cost,” *Rocky Mountain News*, 16 March 2008, Speakout Section.

Johnson MB. “Out damn’d ‘at’; out, I say!” *American Journal of Preventive Medicine*, 2006;31(5)

Ducatman A, Vanderploeg JM, Johnson M, Rubin J, Harber P, Sokas R, Harmon RG, Rumm P, Nilson E, Batalden P, Merchant G, Krauss M, Goldberg R, Valdez M, Dismuke E, Wagner G, Leniek K, Rosenthal J. Residency Training in Preventive Medicine: Challenges and Opportunities, *American Journal of Preventive Medicine*, 2005;28(4)

Blesch C and Johnson MB. All age groups face risk of heart disease, *Denver Post*, March 2, 2003, Guest Commentary

Johnson MB. Public health system in state in crisis, *Rocky Mountain News*, 21 October 2002, Speakout Section.

PUBLISHED LETTERS TO THE EDITOR

Johnson MB, “Smokers’ rights? What about the right to clean air?” *The Denver Post*, 19 April 2012

Blackard C, Johnson MB, et al., “Don’t delay health care reform,” *The Denver Post*, 16 March 2010

Johnson, MB “Smoke-free law is good for all Coloradans,” *The Denver Post*, 9 January 2008

Johnson, MB “Bill puts a damper on ‘quacks’ in Colorado,” *The Rocky Mountain News*, 9 March 2006

Johnson MB “Not-so-happy Holidays?” *The Denver Post*, 18 December 2005

Johnson MB “Smoking ordinance courageous,” *Arvada Sentinel*, 21 October 2004

Johnson MB “Writer responds to Dobbs’ column (on smoking bans),” *The Canyon Courier*, 15 October 2003

Johnson MB “Attack on civil liberties most perilous one yet,” *The Rocky Mountain News*, 9 November 2001

Johnson MB “Liberties can be lost,” *The Denver Rocky Mountain News*, 12 August 2001

Johnson MB “It’s nice to get tax refund, but is that more important than other things?” *The Denver Rocky Mountain News*, 11 February 2001

Johnson MB “Spare us affluent misery,” *The Denver Rocky Mountain News*, 4 July 2000

Johnson MB, “Thanks to Congress, ‘quacks’ are no longer,” *The Denver Post*, 31 May 2000

Johnson MB, “Life is good when you can define your position—and opponent’s as well,” *The Denver Rocky Mountain News*, 16 April 2000

PUBLISHED INTERNET ARTICLES

DR. J’S RX FOR PUBLIC HEALTH BLOG

“Public Health – The Sewer System of Health Care, Nov. 29, 2012,
<http://rx4ph.blogspot.com/2012/11/public-health-sewer-system-of-health.html>

“Time and money ill-spent on Medical Marijuana,” April 11, 2012,
<http://rx4ph.blogspot.com/2012/04/time-and-money-ill-spent-on-medical.html>

“Swimming Upstream with the Salmon: Analogies of the U.S. Health Care System,” Aug. 25, 2011,
<http://rx4ph.blogspot.com/2011/08/swimming-upstream-with-salmon-analogies.html>

“Life as a Meerkat,” Feb. 22, 2011,
http://rx4ph.blogspot.com/2011_02_01_archive.html

“What do I do for a Living? I Fight Poop!” March 25, 2011,
http://rx4ph.blogspot.com/2011_03_01_archive.html

“The Promise and Potential of Automatic Public Health,” Nov. 3, 2010, http://rx4ph.blogspot.com/2010_11_01_archive.html

“Building Health Care a Foundation,” July 30, 2010,
http://rx4ph.blogspot.com/2010_07_01_archive.html

“Treating STDs...A Community Concern,” July 20, 2010,
<http://rx4ph.blogspot.com/2010/07/treating-stds-community-concern.html>

“When Someone Sneezes,” July 15, 2010,
<http://rx4ph.blogspot.com/2010/07/when-somone-sneezes.html>

ACPM PRESIDENT’S COLUMN

“Adapt and Thrive: Preventive Medicine’s Bankruptcy Protection,” June, 2009

“Can Preventive Medicine Save the American Health Care System?” September 3, 2009

“Rodney Dangerfield is Dead,” January 8, 2010

“The Unchangeable Certainty of Change,” May 6, 2010

REPRESENTATIVE PROFESSIONAL PRESENTATIONS

“Bridging Public Health and Health Care,” presented at the **Third Annual Public Health Symposium**, hosted by the Colorado School of Public Health, Colorado State University, and the Center for Public Health Practice, Fort Collins, CO, April 4, 2012

“A Primer on Medical Marijuana,” presented at the **Colorado Society of Osteopathic Medicine’s** 2012 Midwinter CME Conference, Cooper Mountain, CO, February 21, 2012

“The Legal Certification of an Illegal Substance,” presented at the **Colorado Medical Society’s** special meeting on “Medical Marijuana: Is There Science behind the Substance?” Denver, CO, July, 2011

“Changes in Preventive Medicine Training Requirements,” presented at the **American Association of Public Health Physicians’** annual meeting, Denver, CO, November, 2010

“The Future of Preventive Medicine,” Keynote presentation at 25th Anniversary Celebration, **University of Colorado Preventive Medicine Residency**, Denver, CO, November, 2010

“H1N1 Lessons Learned: For Clinical and Public Health Practitioners,” **American College of Preventive Medicine Webinar**, March, 2010

“The Epidemiology of Autism,” presented to the **Colorado Autism Society**, February, 2010

“How Much Clinical Training is Necessary in Preventive Medicine Residencies?” presented at **Preventive Medicine 2006**, Reno, Nevada, February, 2006

“The Changing Face of Public Health,” presented at the **Preventive Medicine Grand Rounds**, University of Colorado School of Medicine, University of Colorado Health Sciences Center, October, 2003.

“Surveillance and Outbreak Control in Bioterrorism,” presented at the **Third Annual Colorado Bioterrorism Conference**, Westminster, CO, July, 2003.

“Medical Response to Bioterrorism,” presented to the **Clear Creek Valley Medical Society**, Lakewood, CO, November, 2001.

“The History of Public Health,” presented at the **Preventive Medicine Grand Rounds**, University of Colorado School of Medicine, University of Colorado Health Sciences Center, Denver, CO, September, 2001

FULL LIST OF PUBLICATIONS AND PRESENTATIONS AVAILABLE UPON REQUEST

Revised 6/2018